

66th AGMS DEAV Scientific Meeting Programme 2026

The 66th AGMS/DEÄV Annual scientific meeting; Mind and Body

Join us on Saturday 5th September at the Queen of Chester Hotel, Chester Cheshire.

About the meeting

We hope you will enjoy and learn from our exceptional speakers on a variety of medical topics with an emphasis on those conditions in which the interaction between the mind and body plays a crucial role in symptom generation.

Delegates do not need to speak German. All that is needed is an enthusiasm to learn from others, and an openness to exchange knowledge and ideas in a friendly and collaborative environment.

Medical lectures will be presented in the respective native language, i.e. either German or English, whilst visual material will be in the other language. Real time translation apps can of course be used if needed

Our Speakers (The running order of the meeting is to be confirmed)

Miss Lilli Cooper consultant plastic surgeon

Considerations in optimising performance

During her plastic surgery training, Lilli became interested in the psychology and physiology of surgical work, and its impact on performance.

Surgical training tends to prioritise technical skill acquisition and academic learning over the formal development of psychological, emotional and physiological self-awareness and discipline; despite the latter's importance in accessing factual knowledge, motor skills, interaction with others and health in the longer term.

Lilli trained as a coach to understand how to support surgeons, and clinicians more broadly, in accessing and developing this information, to optimise both their performance and their experience. You can find out more about what she does at www.lillicooper.co.uk

Dr Angelika Razzaque GP and skin specialist

The impact of skin disease on mental and physical well-being. Patient experience and clinician perspective

Dr Tim Williams consultant in general adult and addiction psychiatry

Psilocybin

Dr Tim Williams is a Senior Medical Director at a small biotech start-up created to develop psychedelics into medicines. Prior to this, he worked in the NHS for 25 years as a

psychiatrist primarily in addictions, but also in a whole range of other services including perinatal services, eating disorders, intellectual disability, and ADHD services. He spent time during his training in a dual academic and clinical role and started researching psychedelics as potential novel mental health treatments from 2009. He was instrumental in re-establishing psychedelic research in the UK after a 50-year hiatus. Now, as psychedelics are on the cusp of becoming licenced medicines, he is developing a short-acting psychedelic to produce rapid remission for major depressive disorder and PTSD.

Dr Holly Carding

Mental Health and Hormones

Education Lead for Newson Education, GP & Menopause Specialist

Dr Richard Grünewald consultant neurologist

What is wrong with patients with nothing wrong with them? Functional neurological disorders and dissociative seizures

Dr Grünewald is currently a locum Consultant Neurologist in Sheffield, having worked there as a Consultant since 1995. He served as Lead Clinician for neurology and subsequently Director of Neurosciences. His particular specialities were epilepsy, movement disorders and medically unexplained symptoms. He helped develop a local psychotherapy team to help patients with functional neurological symptoms, a model which was copied widely in the UK. He has served on NICE guideline development groups and chaired the development of NICE guidelines on recognition and referral of neurological disorders, which is now the basis for neurological triage in the UK. He has undertaken research with his colleague Prof Reuber and his team on non-epileptic seizures, especially in their psycho-social context'

Dr Tom Carnwath consultant in General adult and addiction psychiatry

The cultural history of amphetamine

Dr Carnwath trained in General Practice and Psychiatry at Cambridge University, University Hospital London and Manchester, becoming a Consultant at Tone Vale Hospital, Somerset in 1984. He subsequently moved to Trafford, Manchester, where he worked as a Consultant from 1987 to 2002, also overseeing drug dependence services in Blackburn and Bolton.

From 2002 to 2012, he served as Consultant Psychiatrist leading Drug Dependency Services in County Durham and Darlington, including the drug services at Durham Prison. Between 2010 and 2022, he was Medical Director of Atkinson Lewis, a firm specialising in reports for the Family Courts and drug testing, and from 2018 to 2022 he acted as Consultant to a heroin-prescribing service in Middlesbrough.

Throughout his career he provided psychiatric reports for the Courts and contributed to research in the field of drug dependence, authoring around 40 scientific papers and presenting at conferences both nationally and internationally. He served as a lead investigator in a multi-centre trial of heroin prescribing and sat on a number of national advisory groups covering areas such as addiction treatment, substance misuse, psychiatry in prisons and suicide prevention. He also contributed to the current guidelines for managing

substance misuse in prisons, and is the author of two books, Carnwath T; Smith I (Routledge, London 2002) *The Heroin Century*; Carnwath T.; Miller D (1986) *Behavioural Psychotherapy in Primary Care: A Practice Manual* (with David Miller, Academic Press, 1986, London. He has also written numerous book chapters including the chapter on substance misuse in *Topics in Liaison Psychiatry* Royal College of Psychiatrists (2013). Since retiring he has completed a degree in Spanish and German.

Dr Beatrix Weber

Gender, Sex, Mind and Body.

Born and raised in West Germany, Beatrix completed her medical studies across Germany and Austria, gaining early international experience through electives in Ghana and Malaysia. She pursued her surgical training across four countries — Germany, England, Australia, and South Africa — before going on to establish herself as a consultant general surgeon with the NHS.

She worked initially in England before relocating to Scotland, where she has spent the past 13 years serving as a consultant general surgeon at a remote and rural hospital in Shetland. Alongside her clinical career, she has dedicated time to charitable medical work in both India and Ghana.

Dr Christopher Douglas consultant psychiatrist and president of the UK Balint Society

An introduction to Balint Groups

Dr Chris Douglas works as an NHS Consultant Psychiatrist in Medical Psychotherapy in Yorkshire. He is currently president of the UK Balint Society, having run Balint Groups for trainees and others since 2007.

Aonghus O'Rourke Director of Operations Trasná

The S2 pathway for planned medical care. A patient journey.

Following an early career in Finance in New York, followed by working in an Irish Cloud Computing start-up, Aonghus was at the centre of Trasná's formation as a European Cross Border Healthcare company. Aonghus is now Director of Operations for Trasná. Trasná has a network of quality, accredited hospitals throughout Europe where it arranges treatment for its patients. To date Trasná has arranged treatment in eight different Jurisdictions. Based on the rights of patients in the EU Cross Border Healthcare Directive Trasná has developed patient pathways allowing patients to access the best healthcare in Europe in a timely manner. Trasná is eager to ensure that all patients know the treatment options available to them and feel empowered to choose where and when they would like to be treated.

Mr David Jones consultant ophthalmologist

Medically unexplained visual disturbance